

ROADMAP FOR MODULE FIVE



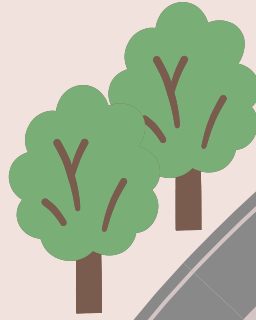
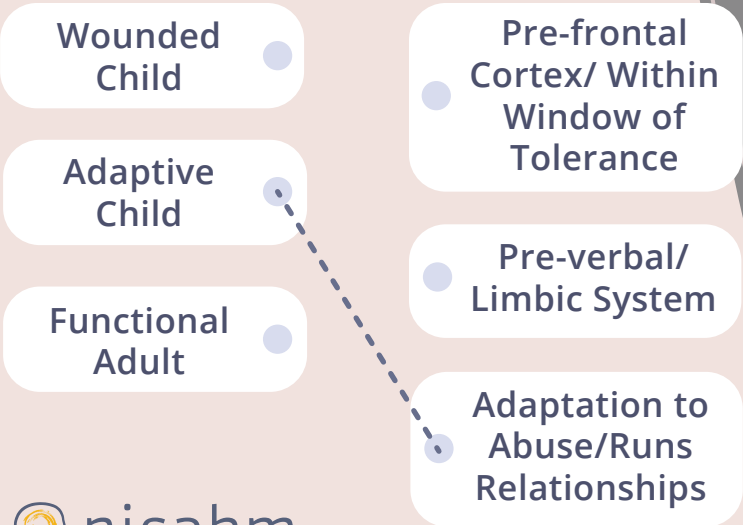
How Trauma Can Affect Relationships

What happens when trauma shuts down our social engagement system?

What are the two types of trauma that can impact clients' relationships?

What are the 5 domains of human experience Real assesses as he asks about nurturing in childhood?

Draw lines to connect the concepts:



Think of clients whose relationships are affected by their trauma. Add them to your "My Clients" list.

My Clients:

What are the 3 questions Real asks to move a client into trauma work?

I know how to assess for sexual abuse with male clients.



2 The Role of the Therapeutic Relationship

According to Porges, what can a therapist do to get a client's social engagement system back online?



My Clients:

3 Working with Couples

Please describe a 'parts' approach to working with trauma's impact on intimate relationships.

Please describe how to use a somatic approach to change the body-to-body communication between couples.

Have you updated your client list with these approaches you'll try using?



I understand how implicit memory can drive trauma responses and disrupt relationships.



4 Reenactment Behaviors

Lanius described how she helped reframe her client's reenactment behaviors as strength. How might you do this with a client?

How does Fisher help clients develop more awareness of stuck patterns?

5 Defensive Adaptations to Trauma

How might you help a client work through the following stress responses when it's causing a problem in their relationships?

Freeze:

Collapse/Submit:

Please/Appease: