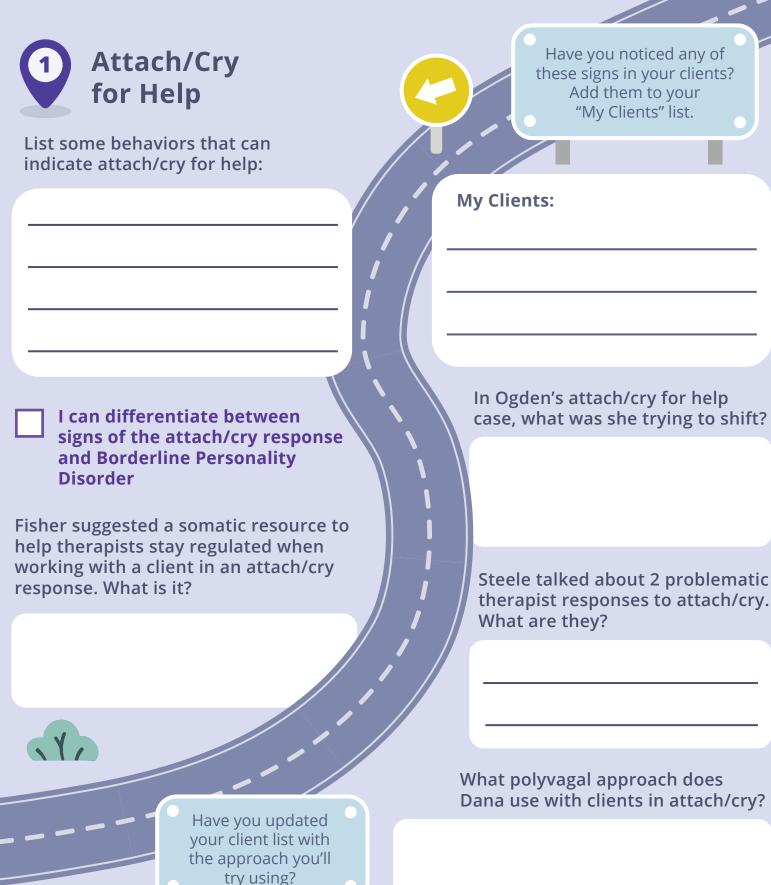
## ROADMAP FOR MODULE THREE



nicabm



## 2 Collapse/Submit

conapsersasime	
List some physical signs of collapse/ submit that Ogden models :	Have you noticed any of these signs in your clients? Add them to your "My Clients" list.
	My Clients:
I can distinguish between collapse/submit and treatment resistant depression	
What are the 4 ways that collapse/ submit may present?	According to Lanius, what are the neurobiological and chemical changes that accompany collapse/submit designed to do?
	Draw lines to match:
Y7	Dorsal Vagal State  Balanced, Socially Engaged
	Sympathetic Collapsed State
	Ventral Vagal State Charged with Energy
nicabm	

## **ROADMAP FOR MODULE THREE**



## Please/Appease

How might please/appease show up in the therapeutic relationship?

What's the function/purpose of the please/appease response?

Once you understand the origins of the please/appease response, what does Dana recommend you explore? Have you noticed any of these signs in your clients? Add them to your "My Clients" list.

**My Clients:** 

Tummala-Narra, Dana, and Bryant-Davis all modeled ways of responding to a client whose please/appease response is active in the therapeutic relationship. Which are you most likely to use with your clients?





Have you updated your client list with the approach you'll try using?

